



# Management of Oropharyngeal Dysphagia in a General Hospital

## Screening and assessment and compensatory and neurorehabilitation treatments

Mataró Hospital, Mon 18- Tues 19 September 2017

### Day 1, Mon 18 September 08:00 – 18:00

**Section 1:** Diagnosis, Coordinator, Renée Speyer, MSc, PhD

Theory, Auditorium, 8:00-09:30

15+5 Clinical screening and assessment, R. Speyer, MSc, PhD

15+5 VFS, P. Clavé, MD, PhD

15+5 FEES, A. Schindler, MD, PhD

15+5 Manometry, N. Rommel, SLP, PhD

Coffee Break 9.30-10:00

Workshops, 10:00-13:30, 4 groups will rotate around the 4 practical workshops

1. 45 min Screening and assessment, Neurology/Geriatric Wards, W. Nascimento, SLP, A. Martin, MSc

2. 45 min VFS, Radiology Department, P. Pokieser, MD, P. Clavé, MD, PhD, V. Arreola, SLP

3. 45 min Manometry, Sala Polivalent, N. Rommel, L. Mundet

4. 45 min FEES, Sala Girona Mar, A. Schindler, MD, D. Farneti, MD, Susan Langmore SLP, PhD

30 min buffer zone for workshop transfers. Q&A

Lunch 13.30-14.30

Case Studies and Discussion, Auditorium, 14:30-16:00

15+5 Screening and Assessment, R. Speyer, PhD, V. Arreola SLP

15+5 FEES, R. Dziewas, MD, PhD/L. Baijens, MD, PhD

15+5 VFS, Emilia Michou, SLP, W. Nascimento SLP

15+5 Manometry, Silvia Carrion, PhD, Nathalie Rommel, SLP PhD

Coffee break 16:00-16:30

**Section 2:** Compensatory techniques and physical therapy. Coordinator, Omar Ortega  
Theory, Auditorium 16:30-18:00

15+5 Adaptation for fluids: thickeners, O. Ortega, MSc, PhD,

15+5 Triple adaptation of solids, A. Costa, MD, PhD

- 15+5 Feeding tools PEG (oral vs non oral), S. Carrión, MD, PhD
- 15+5 Tongue strength devices, J. Vanderwegen, MD.
- 20+10 Multidisciplinary team management of dysphagia and the deglutologist, V. Woisard MD, PhD and N. Rommel, SLP, PhD

## **Day 2, Tuesday 19 September 08:00-17:30**

Workshops, 08:00-11:00, 4 groups will rotate around the 4 practical workshops

1. 45 min Eating devices, M. Casanovas, MD
  2. 45 min Postures, Manoeuvres and Tongue Strength, Aula d'Activitats, J. Vanderwegen, MD
  3. 45 min Fluid adaptation, Polivalent, O. Ortega PhD and V. Arreola SLP
  - 4- 45 min Solids: Consistency and nutrition, Hospital kitchen, GAN Nutrition, A. Costa, MSc
- Coffee break 11.00-11.30

**Section 3:** Neurorehabilitation strategies. Coordinator, Emilia Michou, SLP, PhD  
Theory, Auditorium, 11:30-13:00

- 15+5 Intraparyngeal electrical stimulation, R. Dziewas MD, PhD, S. Hamdy, MD, PhD
- 15+5 Transcutaneous electrical stimulation, V. Arreola SLP and W. Nascimento SLP
- 15+5 Repetitive transcranial magnetic stimulation, E. Michou, SLP, PhD
- 15+5 Transcranial direct current stimulation, S. Suntrup, MD

Lunch 13.00-14.00

Workshops, 14:00-17:00, 4 groups will rotate around the 4 practical workshops

1. 45 min Transcutaneous electrical stimulation, V. Arreola SLP and W. Nascimento SLP
2. 45 min rTMS, Sala Polivalent E. Michou SLP, PhD E. Verin, MD, PhD
3. 45 min tDCS, Aules 2 and 3, S. Suntrup, MD O. Ortega PhD
4. 45 min Intraparyngeal electrical stimulation, Biblioteca. S. Hamdy, MD, PhD, L. Mundet, PhD

Summary and Conclusions, Auditorium 17:00-17:30

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# ESSD FEES Accreditation Course 2017

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## **Faculty**

Susan Langmore  
Rainer Dziewas  
Antonio Schindler  
Laura Baijens  
Eric Verin  
Emilia Michou  
Daniele Farneti  
Pere Clavé  
Tobias Warnecke

## **Online Programme – Available September 3, 2017**

ESSD e-module: **Oropharyngeal Dysphagia: Pathophysiology and Management**

Physiology of deglutition

Neurogenic dysphagia – diseases, epidemiology and complications

OD as a geriatric syndrome

Clinical screening and clinical diagnosis

Indications for instrumental studies

Videofluoroscopic swallowing study

Esophageal endoscopy and manometry

Classification and grading of neurogenic dysphagia

Evidence-based treatment of dysphagia

Nutritional and respiratory complications of dysphagia

## **Onsite Programme at Hospital de Mataró**

### **Day 1 Monday, 18 September**

- 9:00 Welcome & Introduction (Rainer Dziewas)
- 9:15 FEES – Introduction (Susan Langmore)
- 10:00 FEES I: Standard FEES-Protocol (Susan Langmore)
- 10:45 FEES II: Salient findings (Antonio Schindler)
- 11:30 coffee
- 12:00 FEES III: Examples from clinical routine (Susan Langmore, Laura Baijens, Rainer Dziewas)
- 12:45 Classification and grading of neurogenic dysphagia (Rainer Dziewas)
- 13:30 Q&A (Rainer Dziewas)
- 14:00 Lunch
- 15:00 Technical procedures: sterilization, cleaning, safety of patient (Laura Baijens)
- 15:45 FEES hands-on I : in small groups, preparatory steps, handling of the scope, training with a dummy (Susan Langmore, Antonio Schindler, Daniele Farneti, Emilia Michou, Laura Baijens, Rainer Dziewas)
- 16:30 FEES hands-on II: in small groups, practicing FEES on each other (Susan Langmore, Antonio Schindler, Daniele Farneti, Emilia Michou, Laura Baijens, Rainer Dziewas)
- 17:15 Discussion, concluding remarks (Laura Baijens)
- 17:45 End of Day 1

## Day 2

- 9:00 FEES hands-on III: exploring real patients (Susan Langmore, F. Casamitjà, A. Rigor, A. Henrique, R. Diaz tbc)
- 9:45 Specific FEES protocols for neurogenic dysphagia (Tobias Warnecke)
- 10:30 coffee break
- 11:00 Dysphagia in the ICU (Susan Langmore)
- 11:45 Dysphagia in older patients (Pere Clave)
- 12:30 Analysis of FEES videos I in small groups (Susan Langmore, Antonio Schindler, Daniele Farneti, Emilia Michou, Laura Baijens, Tobias Warnecke)
- 13:30 Lunch
- 14:30 Analysis of FEES videos II in small groups (Susan Langmore, Antonio Schindler, Daniele Farneti, Emilia Michou, Laura Baijens, Tobias Warnecke)
- 15:30 When to be alert: Important ENT findings (Antonio Schindler, Laura Baijens)
- 16:15 Clinical decision-making based on FEES findings (Susan Langmore)
- 17:00 Concluding discussion (Antonio Schindler)
- 17:30 End of day 2

## Day 3

9:00-11:00 Exam in Barcelona

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